

Sewing Record Sheet



Name of Member: _____ 4-H Age: _____

Name of Club: _____

Years in 4-H: _____ Years in Project: _____

4-H Project Experiences

Briefly explain the steps you took to make each of your projects.

Explain what skills and techniques you learned this year.

Please make a few comments about problems you may have encountered and how your goals were accomplished.

Project Articles (please complete one box for each article you made/exhibit)

Article	Materials used & individual cost breakdown for materials	Total cost

Fashion Show Commentary

Using the following suggestions, as well as the information provided in your Project Newsletter and your Leaders' Resource Guide, prepare your fashion show commentary:

- **Keep it Short and Sweet!** When writing your commentary, make sure that you keep to the basics, include your name, age, and 4-H club. You do not need to include a list of other projects you take, your school activities, etc.
- **Pick a Place to Wear your Garment!** An easy way to write your commentary is to pick somewhere that you could be going in your outfit. For example, if you make shorts, you could be going to the beach with your friends.
- **Avoid Unnecessary Detail!** Be sure to describe the details of your garment but try to avoid over describing the item! Try mention the type of fabric and a few of the more significant details; for example - a flowing chiffon skirt, complete with an elastic waistband.
- **Keep the Language Simple.** Keep your sentences short and avoid using complex words. Remember, if you cannot pronounce the name of the fabric you used or a type of feature, the person reading your commentary might not be able to pronounce it either!
- **Read your Commentary over!** The best way to know if your commentary will sound right on the day of the fashion show is to read it over after you write it. A good idea is to have someone else read it over while you walk around the room, modeling your garment.

Meeting Summary

How many general club meetings did you attend this year? _____ out of _____

How many project meetings did you attend this year? _____ out of _____

Please list any other club, county or provincial activities that you have participated in during the past year?