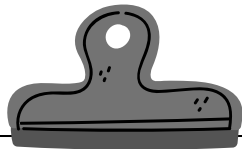


Atlantic Members Conference

Weekend Schedule

MAR 24
MAR 25
MAR 26



FRIDAY

6pm - 7pm

- Arrival - Pizza available
- Room Assignment
- Pod Race

7pm - 7:45pm

- Welcome & Introductions

7:45pm - 9pm

- 4-Pillar Career Panel

9pm - 9:15pm

- Snack

9:15pm - 10:15pm

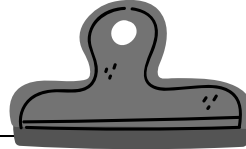
- Speaker - Tyler Hayden

10:15pm

- Return to pods

10:30pm

- Lights out



SATURDAY

7:30am - 8am

- Breakfast & walk to bunker

8:15am - 1:30pm

- Enter the Bunker

1:30pm - 2:30pm

- Lunch

2:30pm - 3:00pm

- Careers on the Grow (1)

3pm - 5pm

- Activity Rotation: Workforce Prep & Canada Forces

5:15pm - 6pm

- Careers on the Grow (2)

6pm - 7pm

- Supper

7pm - 8pm

- Speaker - Sage Watson

8pm - 10pm

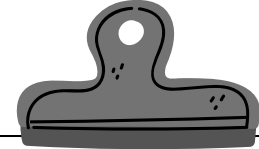
- Dance, Games, Fun time!

10pm

- Return to pods

10:30pm

- Lights out



SUNDAY

7:45am - 8:15am

- Breakfast

8:15am - 9:15am

- Zumba with Tammy Morrison

9:15am - 9:45am

- Check out of rooms
- Snack

9:45am - 11:30am

- Careers on the Grow (3)
- Team presentations

11:30am - 12:30pm

- Speaker - Dean Gray

12:30pm - 12:45pm

- Wrap-up

- Evaluations

12:45pm - 1:15pm

- Lunch

1:15pm - 1:30pm

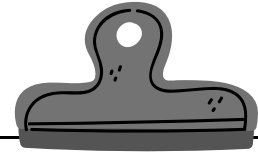
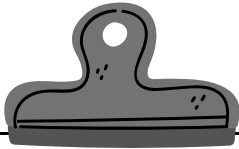
- Pickup
- Safe Travels



Atlantic Members Conference

Pack List

MAR 24
MAR 25
MAR 26



UNSURE OF WHAT TO PACK? HERE'S A START...

- Toothbrush
- Toothpaste
- Deodorant
- Shampoo/Conditioner
- Hair/Face Products
- Large bath towel
- Blow dryer, if desired
- Pajamas
- Undergarments
- Loungewear, if desired
- Socks
- Smart casual clothes
- Warm outdoor clothes
- Comfortable indoor and outdoor shoes
- Smart gym clothes (Zumba)
- Water Bottle
- Personal Snacks - mini fridge provided
- Phone charger

DEBERT HOSPITALITY CENTER PROVIDES:

- washcloths,
- soap,
- small shampoo/conditioner,
- towels (small),
- pillows,
- bedding,
- and mini fridge.

4-H PROVIDES:

- white t-shirts - for dance/games night,
- swag bags,
- name tags,
- and fun!

