First Aid
Record Sheet

CANADA
4-H Nova Scotia

Name of Member: _____ 4-H Age: _____

Name of Club: _____

Years in 4-H: _____ Years in Project: _____ Level: _____

4-H Project Experiences

Briefly explain the steps you took to make each of your projects.

Explain what skills and techniques you learned this year.

What were your initial goals for this project and were they accomplished? Why/Why not?

Project Articles (please complete one box for each article you made/exhibit)

Article	Materials used & individual cost breakdown for materials	Total cost

Meeting Summary

How many general club meetings did you attend this year? _____ out of _____

How many project meetings did you attend this year? _____ out of _____

Please list any other club, county or provincial activities that you have participated in during the past year?